

Delaware Board of Massage and Bodywork

Approved Continuing Education Courses

For Renewal Period: 9/1/06 – 8/31/08

“Continuing Education must maintain, improve or expand skills and knowledge obtained prior to licensure or certification, or develop new and relevant skills and knowledge.”

- For each renewal (8/31 of even years), Certified Massage Technicians (CMT) are required to complete 12 hours of continuing education (unless otherwise stated). Of the 12 hours, 9 are required to be Core courses (the other 3 can be either Core or an Elective, as explained below).
- For each renewal (8/31 of even years), Licensed Massage Therapists (LMT) are required to have 24 hours of continuing education (unless otherwise stated). Of the 24 hours, 18 are required to be Core (the other 6 can be either Core or an Elective, as explained below).
- Explanation of categories (as shown below on listing):

“Elective course” means a continuing education course with a subject matter that is outside the “practice of massage and bodywork,” which does not directly contribute to the professional competency of the massage/bodywork therapist or massage technician. Elective courses must have one of the following subject matters: modalities outside the “practice of massage and bodywork,” personal growth and self-improvement, business management, anatomy, or physiology. Elective courses can be taken online.

“Core course” means a continuing education course with a subject matter within the “practice of massage and bodywork,” which contributes to the professional competency of the massage/bodywork therapist or massage technician. Core courses must be designed to maintain, improve, or expand skills and knowledge or to develop new and relevant skills and knowledge. 50% of the required Core courses can be taken online.

- The Delaware Board is now accepting most nationally approved courses from the NCBTMB and the AMTA for renewal, however, the Board has the authority to reject a course that does not meet requirements. If you take a course that is not nationally or DE Board approved or think that the subject may not be accepted by the Board; submit an application, along with supporting documents, to the Board for approval before renewal. For an application, click on: <http://www.dpr.delaware.gov/boards/massagebodyworks/documents/massceappl.pdf>
- Please make sure that you receive a certificate for all of the continuing education courses that you take and keep them in a safe place. You do not have to turn in copies of your certificates unless you are chosen to participate in a post-renewal audit.
- **CE Providers:** Delaware Massage Practitioners rely heavily on this list to find **currently offered & approved** courses for their renewal requirements. Please let the Delaware Massage and Bodywork Board office know if you have any changes of address, phone number, email address, or are no longer offering these courses below and the changes will be made (744-4500). If you would like to change the hours or category or add courses, please submit a new application with supporting documentation.
**This list will only be good for one renewal period. If you wish to have your courses listed, please provide the updated information bi-ennially. If your courses are approved by NCBTMB, you do not have to submit them for approval, but can submit them for the advertisement. Please put the NCBTMB provider number on the certificates.

A Better Body Massage

331-8 Harbor Drive
Claymont, DE 19703

302-507-0040

email: ABBM@BOANDO.COM

Exfoliations Basics – (2 days) – 9.75 hours – Core
Reflexology and the Spa Foot Treatment – (2 days) 14.25 hours – Core
Spa Body Treatments (2 days) – 14.25 hours – Core
Spa Foundations (3 days) – 22.25 hours – Core
Stone Massage – (2 days) -14.25 hours – Core

A Touch of Heaven

57 Lake Drive
Smyrna, DE 19977

302-653-8152

email: TIPSHE@aol.com

Acupressure – 12 hours - Core
Acupressure II -12 hours - Core
Chair Massage – 12 hours – Core
Deep Tissue Massage* – 24 hours - Core

* This is a one-hundred-hour-course; however, the maximum biennial continuing education requirement is twenty-four (24) hours. Hours earned in a biennial licensing period in excess of those required for renewal may not be credited towards the hours required for renewal in any other licensing period.

Head and Neck – 12 hours – Core
Reflexology – 12 hrs – Core
Sinus Relief – 12 hours – Core
TMJ (Temporomandibular Joint) – 12 hrs - Core

Academy of Lymphatic Studies

11632 High Street, Suite A
Sebastian, FL

772-589-3355

e-mail: academy@acols.com

Manual Lymph Drainage and Complete Decongestive Therapy – 29 hrs – Core

AC Massage

Treadway Towers, Suite 206
9 East Lookerman Street
Dover, DE 19901

Christopher Asay
302-674-4686

Body Mechanics for the Massage Professional – 12 hours– Core

Advanced Continuing Education

157 White Pine Drive
Asheville, NC 28805

828-215-9195

email: ermi@juno.com

Massage for Emergency Responses -7 hours – Core

Advanced Education Systems

11 Woodsway Road
Wilmington, DE 19809
Email: advanced_education_systems@yahoo.com
Website: advancededucationsystems.massagetherapy.com

Susan Hanna 302-598-7138
Karin Hampton 610-357-2925

Asian Body Work, A Basic Understanding (Home Study) – 20 hours - Elective
Body Wraps I – Paraffin Body Treatments – 6 hours - Core
Chair Massage – 6 hours – Core
Hot Stone Therapy with Neuromuscular Techniquet – 12 hours- Core
Reflexology/Zone Therapy – 12 hours – Core
Sugar Scrub Body Polish – 6 hours - Core

Advanced-Trainings.com

3514 Nyland Way
Lafayette, CO 80026

Advanced Myofascial Techniques – 14 hours – Core

Allegany College of Maryland

12401 Willowbrook Road
SE Cumberland, MD 21502

301-784-5521

e-mail: latkinson@allegany.edu

Survivor CMT: Surviving Maryland's Law, Ethics and Disease Regulations – 6hrs – Elective

Alternative Therapy, LLC

1601 Milltown Rd. # 121
Wilmington, DE 19808

302-633-4428

Rachel Lewis

email: alittlewis@aol.com

Chair Massage - 6 hours - Core

Corrective Massage Techniques for Cervical & Low Back Pain & Dysfunction -12 hours - Core

Functional Assessment Skills & Orthopedic Testing - 12 hours - Core

Hot Stone Massage - 6 hours - Core

Indian Head Massage – 24 hours - Core

Introduction to Shiatsu - 12 hours – Core

Prenatal Massage -6 hours - Core

Reflexology -12 hours - Core

Trigger Point Therapy -12 hours - Core

Usui Reiki Level One – 12 hours – Elective

Usui Reiki Level Two – 12 hours – Elective

Usui Reiki Master Level – 12 hours – Elective

American Massage Therapy Association

500 Davis St., Suite 900
Evanston, IL 6020

800-905-2700

email: ahaller@amtamassage.org

ABC's of Meeting with Physician's -3 hours – Elective

Addressing the Needs of an Aging Population – 8 hours – Core

Advanced Muscle Energy Techniques for Massage Therapists – 12 hours – Core

Anatomy Trains: Myofascial Meridians - 4 hours - Core

Armed & Ready- Assessment & Treatment of the Upper Extremity -12 hours - Core

Assessment of Common Benign & Malignant Skin Lesions – 3 hours – Elective

Assessment Skills: Are you Certain You've Identified the Right Condition -7 hours – Elective

Attracting Business Clients Part I: Start Up and Retention of Clients – 2 hours – Elective

Attracting Business Clients Part II: Expansion and Recovery – 2 hours – Elective

Being Present With Your Client - 3 hours – Elective

Best Practices for the Massage & Bodywork Profession, 4 hours – Elective

Beyond Caretaking: Caring Beyond Fixing - 4 hours – Elective

Bloom's Taxonomy and Student Assessment Strategies - 4 hours - Elective

Body/Mind Exercises to Release Neck, Shoulder, Face & Jaw Tension -4 hours – Core

Body-Mind Exercises: Breathing, Stretching Releasing - 4 hours - Core

Boomerang Marketing: Getting Clients in your Door & Back Again - 4 hours – Elective

Business Skills: Intermediate and Advanced Skills – 4 hours – Elective

Cancer & Massage Therapy: What Does the Research Say? - 3 hours – Elective

Cancer & Massage Therapy Part 1: Essential Contraindications – 2.5 hours – Elective

Cancer & Massage Therapy Part 2: Contraindications & Cancer Treatment – 3 hours – Elective

Case Reports in Massage, 4 hours – Elective

Clinical Flexibility & Therapeutic Exercise - 4 hours - Core

Compassionate Presence – 3 hours – Elective

Coming Home to Our Bodies - 4 hours – Elective
 Coordination Pattern Training – 3 hours – Core
 CORE Institute's Sports & Performance Bodywork, 16 hours – Core
 Current Massage Therapy Research Findings and the Affect on the Profession - 4 hours - Elective
 Dealing with Ethical Gray Areas in Massage Therapy – 2 hours – Elective
 Designing Significant Learning Connections for All – 4 hours – Elective
 Dissection of the Forearm, Wrist & Hand - 4 hours – Core
 Dissection of the Shoulder - 4 hours – Core
 Easing Back Pain with Rhythmic Deep Tissue Techniques - 4 hours - Core
 Engage your Students: Develop Effective Teaching Skills - 4 hours – Elective
 Ethics for Educators – 4 hours – Elective
 Ethics of Intuition - 3 hours – Elective
 Ethics of Touch - 3 hours – Elective
 Everyday Ethics – 4 hours – Elective
 Evaluating Student Performance – Are they getting it? – 4 hours –Elective
 Evidence-Based Guide to Treatment of Fibromyalgia ... – 2 hours – Core
 Fibromyalgia and Associated Disorders: The “Invisible” Disease – Core
 Fibromyalgia Syndrome - 12 hours – Core
 Fijian Massage - 8 hours - Core
 From the Clients Perspective: Marketing, Policies and Ethics ... – 2 hours – Elective
 Harmonizing our Body's Song - 4 hours – Elective
 Herbal Tonic Therapy for Chronic Stress – Elective
 Headaches: Types, Triggers and Treatment - 4 hours – Core
 Heart of Ethics - 3 hours – Elective
 Hesch Method: Evaluation & Treatment of the Pelvis & Sacroiliac - 8 hours - Core
 Highlights of Thai Massage – 4 hours – Core
 Identify & Prevent Injuries Before They Occur – 4 hours – Core
 Integrating Muscle Palpation into the “Science” Classroom - 4 hours - Core
 Integrative Approach to the Wrist and Hand, 4 hours – Core
 Introduction to CranioSacral Therapy – 12 hours – Core
 Introduction to Stone Massage - 3 hours - Core
 Introduction to Trager - 4 hours - Core
 Know Thyself – 4 hours – Elective
 Making of a Spa Professional – 3 hours – Core
 Managed Care- Is it for Me? - 4 hours - Elective
 Manual & Therapeutic Management of Dysfunctional Breathing – 4 hours – Core
 Massage During Chemotherapy - 4 hours - Core
 Massage for Active Seniors – 2 hours – Core
 Massage for People with Special Needs - 4 hours - Core
 Massage for the Stroke Patient & Neurological Dysfunctions: ... - 3 hours - Core
 Massage Precautions for the Newest Conditions and Medications... - 8 hours - Core
 Massage Therapy for Depressed Clients – 2 hours – Core
 Massage Therapy & Pathology: Psychiatric Disorders – 4 hours – Elective
 Massage Therapy Foundation Grant Writing Workshop - 2 hours - Elective
 Mastectomy Massage – 8 hours – Core
 Meralgia Paresthetica: Symptoms, Assessment and Protocols ... – 2 hours – Elective
 Methods for Correction Upper Quarter Strain – 2 hours – Elective
 Mouth Marketing: How to Promote Yourself Verbally – 4 hours – Elective
 Motivating Students through the Cycles of Learning - 3 hours - Elective
 Mystery of Pain – 4 hours – Elective
 Negotiating Your Best Career: Employee or Independent Contractor – 2 hours – Elective
 Neuromuscular Evaluation & Treatment Plans, 4 hours – Core
 Neuromuscular Therapy: Unique Aspects of Whiplash Syndrome -16 hours - Core
 Orthopedic Massage for Complicated Lower Extremity Conditions - 8 hours - Core
 Painting with Love - 4 hours - Elective
 Palpation Reliability for Injury Prevention - 3 hours – Core

Parkinsonism: Understanding, Approach & Massage for the Patient - 4 hours - Elective
 Pharmaceuticals and Massage: Confidence with Today's Aging Clients – 3 hours - Elective
 Postural Pronation Syndrome: Restoring the Hinge Function ... – 2 hours – Elective
 Professional Practice Concepts (Ethics) – 6 hours – Elective
 Protocol Development & Research Measurements – 4 hours – Elective
 Receptor Techniques for Painful Necks – 2 hours – Elective
 Relieving Sciatica – 2 hours – Elective
 Self Evaluation for an Ethical Practice – 2 hours – Elective
 Sounding the Liquid Body - 4 hours – Elective
 Spinal Reflex Analysis, Level One – 16 hours – Core
 Stone Massage: Fundamentals for Deep Tissue Healing - 4 hours - Core
 10 Minute Sequence of Russian Method of Seated Massage - 8 hours – Core
 Taking a Look Under the Hood- A New Approach to Psoas Work - 4 hours – Core
 Taxes & Recordkeeping for Small Businesses - 4 hours - Elective
 Taxes & Tax Deductions for a Massage Therapy Business – 2 hours – Elective
 Traditional Kinesiology: The Dynamics of Human Movement – 2 hours – Elective
 Teaching Pathology from the Heart – 4 hours – Elective
 Treating Frozen Shoulder Syndrome - 4 hours – Core
 Treating TMJ - 4 hours – Core
 Understanding the Research Process & Research Reports, 4 hours - Elective
 Work Smarter, Not Harder: Body Mechanics for Massage Therapists – 2 hours – Core
 Writing Case Reports - 4 hours - Elective

AMTA Maryland Chapter (Mid-Atlantic Conference, Ocean City, MD)

1701 Edmondson Ave, Suite 202
 Baltimore, MD 21228

443-612-9119
 email: Anita7@comcast.net

8th Annual AMTA Mid-Atlantic Conference – 24 hours - Core
 Ethics and the Therapeutic Relationship -3 hours - Elective
 Flash Fire Cupping for Massage Therapy - 4 hours - Core
 Healing Stone Therapy – 20 hours - Core
 Healthy Pregnancy Massage – 7 hours – Core
 HIV/AIDS and Infection Control - 3 hours – Core
 Hydrotherapy I – 6 hours – Core
 Hydrotherapy II – 6 hours – Core
 Introduction to Jin Shin Jyutsu – 4 hours – Core
 Massage and the Pregnant Pelvis – 7 hours – Core
 Massage for People with Special Needs (4 parts) – 12 hours – Core
 Massage Therapist Conditioning Program - 3 hours - Core
 Myofascial Release of the Core – 7 hours - Core
 Neurology for Massage Therapists Part I - 3 hours - Core
 Neurology for Massage Therapists Part II - 3 hours – Core
 Overcoming Back & Visual Problems – 7 hours - Core
 Overcoming Back Problems Limited Movement... - 3 hours – Core
 Overcoming Pain, Injury & Repetitive Injury Disorders...- 3 hours - Core
 Overcoming Vision Problems through Bodywork and Exercises...- 3 hours - Core
 Preventing Injuries in Massage Therapists -3 hours – Core
 Rain Drop Therapy – 4 hours – Elective
 Runner's Best Friend - 6 hours - Core
 Self-Care of the Massage Therapist -3 hours - Core
 Self Healing through Massage – 14 hours – Core
 Self Healing through Massage & Movement for You and Your Clients – 3 hours - Core
 Self Hypnosis for the Bodyworker - 3 hours – Core
 Soul Song Body Talk II - 6 hours - Elective
 Soft Tissue Techniques to Alleviate Forearm Pain - 3 hours - Core
 Soft Tissue Techniques for Piriformis - 3 hours - Core

Sports Massage, 3 hours - Core
Stone Therapy Massage I - 3 hours - Core
Stone Therapy Massage II - 3 hours - Core
What Medications Mean to You - 4 hours - Elective

American Organization for Bodywork Therapies of Asia

1010 Haddonfield-Berlin Rd., Suite 408
Voorhees, NJ 08043

856-782-1616

AOBTA 2006 National Convention -15 hours – Core

Anderson, Mary and Lisa Browne

204 Robin Hood Lane
Aston, PA 19014

610-494-4191

email:maryanderson963@aol.com

Tourmaline Body Therapy Level 1 Workshop – 6.5 hours - Core

Atlantic Chiropractic Associates

375 Mullet Run St.
Milford, DE 19963

302-422-3100

email: atlanticchiropractic@gmail.com

Common Applications of Chair Massage – 6 hours - Core

Australasian College of Health Sciences

5940 SW Hood Ave. 503-244-0726
Portland, OR 97239

email: achs@achs.edu

Aroma 101 – Introduction to Aromatherapy – 6 hours - Elective
Aroma 201 – Certificate in Aromatherapy – 6 hours - Elective
Aroma 305 – Aromatherapy Chemistry – 6 hours – Elective
CE516 Aromatherapy for Massager Therapists I – 6 hours - Elective

Avenue Day Spa

110 A Rehoboth Ave
Rehoboth Beach, DE 19971

302-227-5649 Victoria DeSilver
web: www.avenuedayspa.com
Victoria [@avenuedayspa.com](mailto:avenuedayspa.com)

Hot Stone Massage – 8 hours- Core
Jamu Asian Spa Rituals & Jamu Massage – 20 hours - Core
Myofascial – 8 hours – Core
Raindrop Therapy – 8 hours – Elective
Reflexology – 8 hours - Core
Shirodhara & Ayurvedic Spa Treatments – 8 hours - Core
Spa Body Treatments – 8 hours – Core

The Arvigo Institute, LLC.

204 Robin Hood Lane
Aston, PA

603-588-2571

The Arvigo Techniques of Maya Abdominac Uterine Massage-Level 2 - 4 hours - Core

Aviana's, Inc.

8125 Jonestown Rd
Harrisburg, PA 17112

717-469-7930

email:info@avianbody.com

Aviana's Mindful Touch Therapy - 25 hours - Core

Barefoot Masters, Inc.

4861 Hickory Wood Drive
Naples, FL 34119

239-352-8200
email: myfeet@aol.com

Bamboossage Home Study – 16 hours - Core
Bamboo2go Chair Home Study – 8 hours - Core
Ashiatsu Bar/Floor Home Study – 24 hours - Core
Fijian Home Study – 16 hours - Core

The Barral Institute

4521 PGA Blvd, # 245
Palm Beach Gardens, FL 33418

866-522-7725
email: Kathy@barralinstitute.com

Visceral Manipulation: Abdomen 1 – 24 hours – Core
Visceral Manipulation: Abdomen 2 – 24 hours – Core

Belusko, Alice

101 SW 96th Terrace #203
Plantation, FL 33324

954-236-5123
email: Aliceslomi@yahoo.com
Website: www.HawaiianTherapies.com

Hawaiian Lomi Lomi Massage 1 & 2 Beginners – 16 hours – Core
Hawaiian Lomi Lomi Massage 3 Advanced – 16 hours – Core

BodiScience Holistic Center for Education

100 Cummings Center, Suite 150F
Beverly MA 01915

Ayurvedic Face Rejuvenation -12 hours - Core

Brechtel, Michael

1211 Gilpin Ave
Wilmington, DE 19806

302-290-3597
email: Michael@heavenlymichael.com

Body Treats: Hydrotherapy Adjuncts To Your Massage Practice: -12 hours - Core
Work Long and Prosper: Correcting Career Ending Habits: -8 hours - Core
Issues and Application of Professional Ethics in Massage: - 6 hours - Core

Butterflies Are Free Massage Therapy

16 Parker Drive
Millsboro, DE 19966

302-236-7177
Deborah Steeley

Hot Stone Massage- 18 hrs - Core
Pregnancy Massage – 12 hrs - Core
Ethics, Integrity and Professionalism as a Massage Practitioner – 6 hrs – Elective

Bumroong, Syrmangsuk (Master)

5320 Kell Lane
Las Vegas, NV 89156

702-807-6573
email: thaimassage@yahoo.com

Thai Massage – 40 hours - Core

Cayce /Reilly School of Massotherapy

215 67th St
Virginia Beach, VA 23456

757-428-3588
www.edgarcayce.org

“Windows of the Sky” Jin Shin Do Acupressure Facial – 14 hours – Core

CEU’s 4 Massage

227 Ellsworth Drive
Newark, DE 19711

302-266-8139
Wade Carey

A Taste of Thai Massage 1 (supine/seated) -6 hours – Core

A Taste of Thai Massage 2 (prone/sideline) -6 hours – Core

The Back - 4 hours - Core

Basic Acupressure – 6 hours - Core

Chair Massage - 6 hours - Core

Hot Stone Body Treatments (back & feet) – 6 hours - Core

Indian Head Massage- 6 hrs - Core

Introduction to Sports Massage – 4 hours - Core

Moving/Sensing/Freeing – 14 hours - Core

Polarity Therapy Level 1 -6 hours - Elective

Reflexology for the Hands and Feet- 6 hrs - Core

Center for Pain Management

2513 Delaney Rd,
Wilmington, 28403

(910) 442-1200

Orthopedic Massage & Pain Management – 36 hours– Core

Combs, Kimberly

910-3 North Union St
Wilmington, DE 19805

610-637-7752
email: Kymcombs@comcast.net
Nat’l Safety Council CPR Instructor

Comprehensive Prenatal Massage – 14 hours – Core

Continuing Medical Education (CME) Resource

Sacramento, California (online classes)

1-800-232-4238
Fax# 916-783-6067

Alcohol, Alcohol Abuse & Alcohol Dependence - 10 hours - Elective

Health Issues Distinctive to Women, 15 hours - Elective

Understanding Alternative Medicine: A New Paradigm -10 hours - Elective

Cortiva Institute PSMT

1173 Egypt Road
Oaks, PA 19456

610-666-9060 ext. 16
e-mail: tkoert@psmt.com

The Basics of Pregnancy Massage – 7 hrs – Core

Basic Sports Massage – 15 hrs – Core

Body Mechanics – 7 hrs – Core

Clinical Massage for Athletics -7 hours – Core

Massage and Cancer – 7 hrs – Core

One Day Introduction to Reflexology – 7 hrs – Core

Professional Ethics for Body Workers – 6 hrs – Elective

Therapeutic Massage in Athletics: Ankle Sprain – 7 hrs – Core

Therapeutic Massage in Athletics: Iliotibial Band Syndrome – 7 hrs – Core

Dalton, Erik, Ph D

5801 N. Ann Arbor Ave
Oklahoma City, OK 73122

405-728-4844

dianna@freedomfrompain.com

Myoskeletal Alignment Technique – 24 hours – Core
Myoskeletal Alignment Techniques – Home Study – 20 hours – Core
Professional Ethics for the Modern Manual Therapist – 6 hours - Core
Volume II Myoskeletal Alignment Techniques Advanced Home Study – 20 hours- Core

Dawn Training Center, Inc.

3700 Lancaster Pike, Suite 307
Wilmington, DE 19805

302-633-9075

Deep Tissue Massage - 4 hrs – Core
Dr. Vodder Manual Lymph Drainage: Basic Face & Neck Course - 20 hours - Core
Dr. Vodder Manual Lymph Drainage: Basic Body Course - 40 hours - Core
Hands On Anatomy Review – 4.0 hrs – Core
Introduction to Trigger Point Work – 4 hrs – Core
Introduction to Raindrop Therapy - 4 hours - Elective
Institute of Thai Massage: A Taste of Thai - 6 hrs. – Core
Muscle Energy Techniques – 4 hrs – Core
Nature's Healing Stone Therapy® Seminars: Full Body Massage Seminar– 14 hrs. – Core
Technique Theory & Application – 4.0 hrs – Core
Using Stones to Enhance Massage – 4.0 hrs – Core

Dawson, Wayne

142 DaVinci Court
Hockessin, DE 19707

302-561-0151

email: TreyCollie@comcast.net

Fascia – What, Why and How – 6 hours - Core
Hot Stone Massage - 6 hours - Core
Reiki – First Degree - 6 hours - Elective
Reiki – Second Degree- 6 hours - Elective

Deep Muscle Therapy Center

5317 Limestone Road
Wilmington, DE 19808

302-239-1613

email: dibsonmassages@aol.com

Aromatherapy - 6 hours - Elective
Body Mechanics and Stretching for the Massage Therapist- 6 hours - Core
Professional Ethics – 3 hours – Core
Hot Stone- 6 hours – Core
Intro to John F. Barnes Myofascial Release – 12 hours - Core
Intro to Myofascial Trigger Points & Referral Pain - 16 hours - Core
Palpation and Detecting Trigger Points- 12 hours – Core
Positional Release and Stretching – 12 hours - Core
Reflexology - 12 hours - Core
Russian Massage -12 hours - Core
Reiki - 4.5 hours - Elective

Deep Muscle Therapy School (Harris School)

5341 Limestone Road
Wilmington, DE 19808

302-478-8890

website: www.harrisschool.com

Aromatherapy- 12 hrs - Elective
Basics of Connective Tissue – 4 hrs – Core
Body Mechanics -12 hours – Core

Boundaries and Ethics – 3 hrs – Elective
 Candling –3 hrs – Elective
 Chair Massage – 12 hrs – Core
 Corrective Massage Techniques – 12 hrs – Core
 Fundamentals of Myofascial Technique - 6 hours – Core
 Hospital Based Massage Therapy Programs – 6 hrs – Core
 Hot Stone Massage – 6 hrs – Core
 Hot Stone- 12 hrs - Core
 Insurance Billing – 6 hrs – Elective
 Intro to Craniosacral- 14 hrs - Core
 Introduction to Myofascial Pain Syndromes –12 hrs – Core
 Intro to Myofascial Trigger Points & Referral Pain- 12 hrs - Core
 Introduction to Sports Massage – 12 hrs – Core
 Introduction to Sports Massage – 4 hrs – Core
 Massage Clinic #2: Sprains – 3 hrs - Core
 Massage & Pregnancy – 12 hrs – Core
 National Review – 6 hrs – Elective
 Orthopedic Testing & Adv. Massage Techniques for Cervical Region –18 hrs – Core
 Polarity Basic I – 6 hours – Elective
 Post-event Sports Massage – 6 hrs – Core
 Reflexology- 6 hrs - Core
 Reflexology – 12 hrs – Core
 Reiki I – 6 hrs – Elective
 Reiki II – 6 hrs – Elective
 Russian Massage –12 hrs – Core
 Special Regional Orthopedic Test – 12 hrs – Core
 Sports Massage Clinic #1 – 3 hours – Core
 Sports Massage Clinic #2 – Sprains – 3 hours – Core
 Sports Massage Clinic #3: Strains – 3 hrs – Core
 Sports Massage Clinic #4: What is a Sports Massage Therapist? – 3 hrs – Core
 Sports Massage Clinic #5: Overtraining – 3 hrs – Core
 Sports Massage Clinic #6: Timing and Content of Sports Massage – 3 hrs – Core
 Sports Massage Clinic #7: Adolescent Athlete - 3 hrs – Core
 Sports Massage Clinic #8: Child Athlete – 3 hrs – Core
 Sports Massage Clinic #9: Aging Athlete – 3 hrs – Core
 Sports Massage Clinic #10: Male Athlete – 3 hrs – Core
 Sports Massage Clinic #11: Female Athlete – 3 hrs – Core
 Sports Massage Clinic #12: Pre/Post Event– 3 hrs – Core
 Soft Tissue Techniques- 14 hrs - Core
 Stretching for the Massage Therapist - 6 hours – Core
 Successful Business Practice for Massage Therapist – 6 hrs - Elective
 Top Ten Pain Releasers – 6 hrs – Core
 Working with Repetitive Strain Injuries – 6 hrs – Core
 Working with Adolescent & Pre-adolescent Athletes – 4hrs – Core

Delaware School of Massage and Reflexology

1601 Milltown Rd. # 15
 Wilmington, DE 19808

302-633-4035
 email: MandRofDE@comcast.net

Abdominal Wall/Shoulder Girdle – Ralph Stevens – 16 hours – Core
 Acupressure –14 hours – Core
 Chair Massage - 6 hours – Core
 Corrective Massage Techniques for Cervical & Low Back Pain & Dysfunction -12 hours – Core
 Deep Tissue is NOT Pressing Harder! – 14 hours – Core
 Essential Medical Massage Course – Ralph Stevens – 16 hours – Core
 Ethics/HIV for Massage Practitioners – 7 hours – Ethics

Functional Assessment Skills & Orthopedic Testing - 12 hours – Core
Great Expectations- Prenatal and Infant Massage -10 hours – Core
Hot Stone Massage - 6 hours – Core
Increase Your Clients Athletic Performance – Joseph Lyons - 8 hours – Core
Intro to Bio-Dynamic Cranial Sacral – Judah Lyons – 8 hours – Core
Introduction to Shiatsu - 3 hours – Elective
Introduction to Foot Reflexology -14 hours - Core
Lauren Berry Method for the Back – Taum Sayers – 12 hours – Core
Lauren Berry Method for the Elbow – 12 hours – Core
Lauren Berry Method for the Wrist – Taum Sayers – 12 hours – Core
Massage for Women – 7 hours – Core
Myofascial Release Technique- Upper Body – Scott Dobbins – 20 hours – Core
Myofascial Release Technique- Lower Body – Scott Dobbins – 20 hours – Core
Reflexology -12 hours – Core
Structural Integration for the Lower Back – Judah Lyons - 8 hours – Core
Structural Integration for the Neck/Carpal Tunnel – Judah Lyons - 8 hours – Core
Trigger Point Therapy -12 hours – Core
Upper Body Lymphatic Drainage – Taum Sayers – 6 hours – Core

Delaware Technical & Community College – Jack F. Owens Campus

Box 610 Seashore Highway 302-855-5988
Georgetown, DE 19947 email: lwestcot@dtcf.edu

Advanced Myofascial Techniques: Legs, Knees and Feet - 12 hours - Core
Advanced Myofascial Techniques: Neck, Head, and Jaw –12 hours – Core
Advanced Myofascial Techniques: Pelvic, Girdle, and Sacrum I & II –12 hrs. – Core
Advanced Myofascial Techniques: Shoulder, Girdle, and Arm –12 hours – Core
Advanced Myofascial Techniques: Spine and Lower Back –12 hours – Core
Advanced Reiki Training /Master Level Reiki Workshop –13 hours – Elective
Reiki Level 1 Workshop –13 hours – Elective
Reiki Level 2 Workshop - 13 hours – Elective
Reflexology Workshop– 13 hours – Core
Working with Seniors: A-Z – 16 hrs – Elective
Zero Balancing Core Part I – 25 hours – Core
Zero Balancing Core II Advanced – 25 hours – Core

Diamond Way Ayurveda

1065 San Adriano 805-543-9291
San Luis Obispo, CA 93405 email: ayurveda8@earthlink.net

Ayurvedic Face Rejuvenation – 21 hours – Core

DiNetta, Paula

1715 Delaware Ave. 302-656-3181
Wilmington, DE 19806 email: PDQShiatsu@netzero.com

Introduction to Shiatsu -12 hours - Core
Reiki Level I - 12 hours – Elective
Reiki Level II - 12 hours - Elective

Egoscue University

12707 High Bluff Drive 800-995-8434
San Diego, CA 92130 email: university@egoscue.com

Advanced Posture Analysis Specialist -24 hours - Core

Esalen Institute Massage School

55000 Highway One
Big Sur, CA 93920

831-667-3040
email: www.esalem.massage.org

Esalen Massage Intensive – 15 hours – Core

First State Health & Wellness

Wilmington Chiropractic
910 N. Union St. Suite 3
Wilmington, DE 19805

Douglas Briggs, D.C
302-379-6298
drbriggs@gmail.com

Acupressure for Massage Therapists – 12 hours – Core

Fitness Science, Inc. (James Menz)

28 Chaucer Dr.
Newark, DE 19713

302-539-2239
website: www.FitnessScience.org

Advanced Flexibility – 6 hrs - Core

Advanced Flexibility – from Correction to Competition – 6 hours – Core

Back Care – 6.5 hrs – Core

Functional Kinesiology – 6.5 hrs – Core

Intro to Nutrition – 6.5 hrs – Elective

Nutrition Consultation with Calculations – 6.5 hrs – Elective

Fitzpatrick, Deanna RM

3 Bradley Circle
Middletown, DE 19709

302-312-6356
email dfitzpat444@aol.com
website www.deannafitzpatrick.com

Usui Reiki Level One – 12 hours – Elective

Usui Reiki Level Two – 12 hours – Elective

Usui Reiki Master Level – 12 hours – Elective

Gemisphere

2812 NW Thurman St
Portland, OR 97210

Therapeutic Gemstones: Healing Body, Mind and Spirit – Workshop – 7 hours – Elective

Therapeutic Gemstones: Mental Mastery and Expansion of Consciousness – 25 hours – Elective

Hands of Light, LLC

1622 Revell Downs Dr.
Annapolis, MD 21401

443-433-0108
email: handsof_light@yahoo.com

Brain Gym 101 – 20 hours- Elective

Healing Touch Program

PO BOX 16189
Golden, Colorado 80402

Healing Touch Level 1 – Format #1 – 16 hours – Core

Healing Touch Level 1 – Format # 2 – 18 hours – Core

Health Positive (Home Study)

P O BOX 3818
Lawrence, KS 66046

888-797-5594

The 2-hour Ethics Course - 2 hours - Elective

The 3-hour Ethics Course - 3 hours - Elective
The 4-hour Ethics Course: Legal & Ethical Issues, - 4 hours - Elective
The 4-hour Ethics Course: Health Professionalism - 4 hours - Elective
The 6-hour Ethics Course: Ethics from the Dalai Lama - 6 hours - Elective
The 6-hour Ethics Course: General - 6 hours - Elective
The 6-hour Ethics Course: Ethical Issues Related to Medical Settings - 6 hours - Elective
The 6-hour Ethics Course: Legal & Ethical Issues – 6 hours - Elective
Advanced Balance, Flexibility and Stability Improvement -12 hours - Core
Aging as a Shared Journey - 8 hours - Elective
Aromatherapy Massage Facials - 9 hours - Core
Conceptual Foundations for Pre-Prenatal Massage -15 hours - Core
CoreAging and Ethics - 10 hours - Core
Ethics Refresher -1 hour - Elective
Fibromyalgia and Chronic Myofascial Pain - 12 hours - Core
Helping Clients Who Have Edema - 3 hours - Elective
Holistic Pathology and Ethics of Working with Ill People - 25 hours -Elective
Holistic Pathology for Body-Centered Therapists - 25 hours – Core
Introduction to Aromatherapy - 6 hours - Elective
Introduction to Massage Therapy for People Who Have Cancer - 10 hours -Core
Introduction to Massage for Infants and Children - 9 hours - Core
Modern Reflexology Integrated with the Five Elements -12 hours - Core
Positional Release Techniques for Muscle and Joint Problems - 24 hours - Core
Preventing Medical Errors - 3 hours - Elective
Psycho Neuroimmunology for Body Workers Including Ethics - 17 hours - Core
The Scientific Basis of Energy Medicine - 17 hours - Core
Stress and the Body-Mind, 4 hours - Elective
Trigger Point Therapy - 12 hours - Core
Visual Guide to Deep Tissue Massage -12 hour -Core
Understanding HIV Infection - 3 hours - Elective
Universal and Standard Precautions - 2 hours - Elective
Why Touch? - 7 hours - Elective

Henderson, Shirley

3004 Deodar, Suite B
Costa Mesa, CA 92626

866-506-1999
email: _apollo@mansfieldfc.com

Ethics One - 6 hours - Elective

Holistic Massage Training Institute

1 E. University Pkwy #110
Baltimore, MD 21218

410-243-4688

Hot Stone Massage Therapy- 16 hrs - Core

Hutcherson, Dean

1901 North Monroe St.
Wilmington, DE 19802

302-571-1741
deanhutcherson@yahoo.com

Learn Shiatsu – Table Shiatsu – 12 hours – Core
Learn Table Shiatsu – Clinical Elements I – 12 hours - Core

Inner Source Healing

40 Lloyd Avenue
Malvern, PA 19355

610-644-0612
email: ishealing@aol.com

An Introduction to Energy Healing – 14 hrs – Core

The Institute for Advanced Therapeutics (Home Study)

P O BOX 848152

Pembroke Pines. FL 33084

954-441-9533

email: administrator@iatonline.com

Carpal Tunnel Syndrome - 4 hours – Core

Hepatitis A,B&C for the Health Care Professional – 6 hours – Core

Low Back Pain Current Concepts in Diagnosis, Mgt. and Prevention- 12 hrs - Core

Massage Therapist's Guide to Sports Massage- 12 hrs - Core

Neck Pain- Current Concepts in Diagnosis, Management and Prevention-12 hrs - Core

Professional Ethics for the Massage Therapist and Bodyworker- 4th ed. - 4 hours - Elective

Professional Ethics for the Massage Therapist and Bodyworker – 5th ed. – 6 hours – Elective

Skin Pathology for the Health Care Professional – 6 hours – Elective

Substance Abuse What Health Care Professionals Need to Know – 4 hours – Elective

Successful Massage Practice Management - 2 hours - Elective

Institute for Integrative Healthcare Studies (Home Study)

P O BOX 1783

Pine Brush, NY 12566

800-364-5722

email: info@natural-wellness.com

Advanced Anatomy and Pathology - 18 hours - Elective

Advanced Anatomy and Physiology -17 hours – Elective

Anatomy and Pathology – 18 hours – Elective

Anatomy and Physiology – 17 hours – Elective

Anatomy Review for Professionals -18 hours - Elective

Chair Massage Fundamentals – 12 hrs. – Core

Clinical Massage Therapy –17 hours - Core

Cranial Sacral Fundamentals –16 hours - Core

Deep Tissue Massage – 12 hours – Core

Deep Vein Thrombosis – 1 hr. – Core

Developing a Wellness Center – 6 hours – Elective

Ethical Case Management – 6 hours – Elective

Ethics for the Massage Practice – 3 hours – Elective

Ethics: Practice Management home study course – 3 hrs. – Elective

Ethics: Therapeutic Relationships – 3 hrs. – Elective

Fibromyalgia - 18 hours – Core

Fibromyalgia What Health Care Professionals Need to Know – 4 hours – Core

Foot Massage, East Asian –12 hours – Core

Healing Energy and Touch – 22 hours - Elective

Infection Control for the Massage Therapist – 4 hours – Core

Infectious Disease: Hepatitis - 3 hours - Core

Infectious Disease: HIV/AIDS – 1 hrs. – Core

Integrative Massage: Earth – 13 hrs. - Core

Integrative Massage: Fire – 15 hrs. – Core

Integrative Massage: Spirit – 14 hrs. – Core

Lymphatic Drainage Massage –16 hrs. – Core

Medical Errors – 2 hours– Elective

Myofascial Release – 20 hrs. – Core

Nerve Mobilization – 20 hours – Core

Neuromuscular & Adv. Deep Tissue – 20 hours – Core

OSHA Compliance for the Health Care Professional – 6 hours- Core

Overview of the Research Process – 4 hrs – Elective

Pharmacology for Massage Therapy - 13 hrs - Core

Prenatal Massage Fundamentals –16 hours – Core

Reflexology – 17 hours– Core

Shiatsu Anma Therapy – 22 hrs. – Core

Sports Massage – 17 hours – Core
Stone Massage – 16 hrs. – Core
Swedish Massage – 12 hours – Core
Swedish Massage for Professionals – 12 hours – Core

Institute for Natural Resources

P O BOX 27027
Concord, CA 94527

877-246-6336

Stress, Depression, and Pain – 6 hrs – Core
His/Her Brain 6 hours- Core

Institute of Somatic Therapy

P O BOX 520
Springville, CA 93265

Judith Koch
(866) 328-9703

Massage for Mother-To-Be Prenatal Massage Training (online) – 18 hours - Core

Institute for Therapeutic Massage & Bodywork, Inc.

136 Commons Court
Chadds Ford, PA 19137

610-358-5800
www.itmbchaddsford.com

Hot Stone – 8 hours - Core

The International Centre for Reiki Training

21421 Hilltop Street, Unit #28
Southfield, MI 48034

248-948-8112
email: centre@reiki.org

Karuna Reiki Master - 21.8 hours - Elective

International Loving Touch Foundation

PO BOX 16374
Portland, OR 97292

800-929-7492
email: children@lovingtouch.com

Certified Infant Massage Instructor Training – 21.25 hours – Core

The Janet G. Travell, MD Seminar Series

7830 Old Georgetown Rd, Suite C-15
Bethesda, MD 20814

301-656-0220
email: info@painpoints.com

Foundations of Trigger Point Examination and Treatment -19.25 hours - Core

Jin Shin Do Foundation

26 White Oak Road
Landenberg, PA 19350

610-255-3785
email: _NLDKJSD@yahoo.com

Jin Shin Do – Acupressure (Basic) – 40 hours - Core

Kairos Institute of Sound Healing

1909 Broadway Blvd, 3rd floor
Boulder, CO 80302

303-417-1412
Sylvia Pelez-Larsen

Acutonics Level 1 Sound Gates to Meridian Harmonics and
Level II Higher Harmonics and the Inner Nature of Tone – 24 hours – Core

Kopec, Dianne

206 Skycrest Drive
Landenberg, PA 19350

302-992-2915
email: kopecmd@kennett.net

Introduction to Raindrop Technique – 6 hours – Elective

Limestone Therapeutic Massage

4251 Kirkwood Hwy
Wilmington, DE 19808

302-994-2912

Introduction to Myofascial Trigger Points and Referred Pain – 16 hours – Elective

Long, Martine

46 Kings Grant Road
Hockessin, DE 19707

302-299-6905
martinelong@verizon.net

Infant Massage - 4 hours - H category
Introduction to Reiki – 8 hours - E category

Lotus O.M.T, LLC (Sean Davis)

1010 Jeffrey Rd
Wilmington, DE 19810

302-561-4763
sean@lotusomt.com

The Lotus System – 12 hours – H category

The Massage Arts Center of Philadelphia

714 Market Street, Suite 103
Philadelphia, PA 19106

267-321-0200
www.massagearts.com
Email: info@massagearts.com

LOMI-LOMI: Hawaiian Temple Bodywork Training Workshops, 32 hours – H category

The Massage Center

222 Philadelphia Pike
Wilmington, DE 19809

302-761-9095 Ron Carter
roncarternmmt@comcast.net

Ashiatsu Oriental Bar Therapy Level 1: Barefoot Basics, 25 hours - H category
Ashiatsu Oriental Bar Therapy Level 2: Anterior Side lying, 16 hours - H category
Ashiatsu Oriental Bar Therapy Level 3: Deepfeet Two, 8 hours -H category
Ashiatsu Oriental Bar Therapy Level 4: Fusion-Blend, 8 hours - H category

Massage Therapy Class.com

1920 Abrams #322
Dallas, TX 75214

email: kirk@massagebuilder.com

Internet Marketing Strategies -6 hours - E category

Medical Center of Sarasota

2932 Lexington St.
Sarasota, FL 34231

941-922-1939

email: stretchingusa@comcast.net

Active Isolated Stretching: The Mattes Method - 24 hours – H category
Active Isolated Strengthening: The Mattes Method – 8 hours – H category

Medical Massage of Delaware

219 S. Main St.
North East, MD 21901

443-553-6945
cciabattomi@comcast.net

Advanced Assessment & Therapeutic Massage Techniques...- 18 hours – H category

The Medical Massage Office and Associates

21758 Highway 17 N.
Hampstead, NC 28443

888-322-5520
email: lori9513@yahoo.com

Level 1: Evaluation and Treatment of the Cervical Spine - 8 hours - H category
Level 2: Evaluation and Treatment of the Thoracic Spine - 8 hours - H category
Level 3: Evaluation and Treatment of the Lumbar Spine - 8 hours - H category
Level 7: Insurance Billing and Ethics - 8 hours - E category
Level 8: Medical Massage Marketing and Ethics - 8 hours - E category
Level 9: Manual Therapy Techniques - 16 hours - H category
Level 10: Therapeutic Exercise 97110 -16 hours - H category
Level 11: Neuromuscular Reeducation 97112 - 16 hours - H category

Mike's Magic Hands

30010 Microb Lane
Frankford, DE 19945

email: mmhmassagetherapy@netscape.com

Reflexology - 6 hrs. - H category
Hot Stone Therapy - 6 hrs - H category

Myofascial Release Treatment Centers & Seminars

222 W. Lancaster Ave. Suite 100
Paoli, PA 19301

610-644-0136
email:sandy@myofascialrelease.com

Cervical-Thoracic Myofascial/Osseous Release - 20 hrs. – Core
Fascial-Pelvis Myofascial/Osseous Release – 20 hrs. – Core
Myofascial Mobilization – 12 hrs. – Core
Myofascial Release I – 20 hrs. – Core
Myofascial Release II – 20 hrs. – Core
Myofascial Unwinding – 20 hrs. – Core
Myofascial Release Skill Enhancement Seminar – 40 hours - Core
Pediatric Myofascial Release – 12 hrs. – Core

The National Association of Certified Natural Health Professionals

710 East Winona
Warsaw, Indiana 46580

800-321-1005

Body Systems (Phil Fritchey) – 12 hours- Core

Natural Alternatives

22480 Daisey Rd
Millsboro, DE 19966

302-238-8311
email:justicejn8@aol.com

Ear Candling Workshop - 6 hours - Elective
Hot Stone Massage Course - 6 hours – Core
Prenatal Massage - 6 hours - Core
Functional and Clinical Massage for the Back & Spinal Column – 8 hours – Core

Nature's Stone, Inc.

47 Great Oak Dr.
Churchville, PA 18966

215-364-4422
email:patm@naturestoneinc.

The Art of Hot Stone Full Body Massage -14 hours - Core

OnlineContinuingEd, LLC

P O BOX 15
Rocky Hill, CT 06067

413-834-7149
email: jbrown@crocker

Aids 103 – 1 hour - Elective
Aids 104 – 1 hour – Elective
Anatomy 101– 1 hour – Elective
Anatomy 102 – 1 hour – Elective
Anatomy 103 – 1 hours - Elective
Anatomy 104 – 1 hour – Elective
Anatomy 105 – 1 hour – Elective
Anatomy of the Forearm and Hand –1 hour – Elective
Anatomy and Kinesiology of the Hand –1 hour – Elective
Anatomy and Kinesiology of the Wrist – 1.5 hours – Elective
Boundary Training 101 – 1 hr – Elective
Boundary Training 102 – 1 hr – Elective
Boundary Training 103 – 1 hr – Elective
Boundary Training 104 – 1 hr – Elective
Boundary Training 105 – 1 hr – Elective
Boundary Training 106 – 1 hr – Elective
Boundary Training 107 – 1 hr – Elective
Boundary Training 108 – 1 hr – Elective
Boundary Training 109 – 1 hr – Elective
Boundary Training 110 – 1 hr – Elective
Boundary Training 111 – 1 hr – Elective
Boundary Training 112 – 1 hr – Elective
Clinical Evaluation of the Shoulder –3 hours – Core
Clinical Examination of the Wrist –1 hr– Core
Elbow Tendonitis – 1 hr – Core
Ergonomics & Management of Musculoskeletal Disorders – 6 hrs – Core
Ethics for Professionals 101 MT –1 hr – Elective
Ethics for Professionals 102- 1 hr – Elective
Ethics for Professionals 103 –1 hr – Elective
Ethics for Professionals 104 - 1 hr – Elective
Ethics for Professionals 105 –1 hr. – Elective
Gender and Sensitivity 101 – 1 hr. – Elective
Hydrotherapy and Spa Applications –1 hr. – Core
Overview of Carpal Tunnel Syndrome –1 hr. – Core
Science of Body and Table Mechanics –1 hr. – Core

Pennsylvania Institute of Massage

93 SW End Blvd Suite 103
Quakertown, PA 18951

215-538-5339

Orthopedic Massage- Lower Extremities -18 hours - Core
Orthopedic Massage- Upper Extremities -20 hours - Core
Orthopedic Massage 5-day Intensive - 40 hours - Core
Pelvic Stabilization & the Lower Body -18 hours - Core

Potomac Massage Training Institute

5028 Wisconsin Ave NW, Suite L.
Washington, DE 20016

202-686-7046
www.pmti.org

Reiki 1 – First Degree – 12 hours - Elective
Common Injuries – 13 hours - Core

Relax Delaware, Inc.

905 Devon Drive
Newark, DE 19711

302-753-2022
email: info@relaxdelaware.com
Website: www.relaxdelaware.com

Glides, Swings, and Pulls: Soothing the Nervous System – 8 hours - Core

Riddle, Andrew Dr. DC, BSN

375 Mullet Run Street
Milford, DE 19963

302-422-3100
email: DRARIDDLE@smail.com

Applied Myofascial Release - 10 hours - Core

River Run Wellness (formerly TLC Healing Arts)

113 Union Street, Suite B
Milton, DE 19968

302-684-1414
e-mail: RiverRunWellness@aol.com
web: www.RiverRunWellness.com

Usui Reiki Level 1 Training Seminar - 14 hours – Elective
Usui Reiki II - 6.75 hours – Elective
Usui Reiki III - 6.75 hours – Elective

Rossiter, Richard H.

1501 Teakwood Ave.
Cincinnati, OH 45202

email: rhr@rossiter.com

The Rossiter System: Changing the Face of Pain -14 hours – Core

Schwartz, Joel

PO BOX 216
Old Bridge, NJ 08857

908-420-2993
email: doctorj2@optonline.net

Palpation and Skill Development - 8 hours – Core

Star Technical Institute

655 South Bay Road, Suite 5-G2
Dover, DE 19901

302-736-6111
ChrisAsay@aol.com

Massage Therapy: Beyond the Pattern – 60 hours - Core

Steiner Education Group

2600 Lake Luien Dr.
Maitland, FL 32751

800-393-7337
email: Christina2@fcnh.com

Jamu Massage & Tropical Spa Treatments (Day 1) – 6 hours – Core
Jamu Massage & Tropical Spa Treatments (Day 2) – 6 hours – Core
Myokinesthetic System Upper Body – Brachial and Cervical Plexus – 20 hours – Core
Upper Body – Brachial and Cervical Plexus home study course – 20 hours - Core
Hot Rockin' Reflexology -7 hours - Core

Street, Sara

24698 Patriot's Way
Georgetown, DE 19947

302-934-6287
streetsara@hotmail.com

Chair Massage - 6 hours - Core
Deep Muscle Therapy - 8 hours - Core
Ear Candling, 5 hours - Elective
Trigger Point Therapy for the Lower Back and Lower Extremities - 14 hours - Core

Trigger Point Therapy for the Upper Torso - 14 hours – Core

The Therapy Option, Inc

8400 Pine Road
Philadelphia, PA 19111

215-742-3505
email: info@chi4wellness.org

Professional Practice Concepts (Ethics) – 6 hours – Elective

Tranquil Spirit

813 Percherson Drive
Bear, DE 19701

302-834-6853 (Katherine Schaubert)
email: kschauber@hotmail.com

Reiki Level 1 Workshop – 13 hours – Elective

Reiki Level 2 Workshop – 13 hours - Elective

Advanced Reiki Training / Master Level Reiki Workshop –13 hours – Elective

Reflexology Workshop – 13 hours – Core

The Upledger Institute

11211 Prosperity Farms Road #D325
Palm Beach Gardens, FL 33410

561-622-4334
e-mail: toni@upledger.com

CranioSacral Therapy I – 24 hours - Core

CranioSacral Therapy II – 24 hours- Core

CranioSacral Therapy for Pediatrics – 24 hours- Core

Healing from the Core: Grounding and Healthy Boundaries – 24 hours – Elective

HFC: Expanding Present – Movement Consciousness – 35 hours – Elective

HFC: From Trauma Recovery to Ecstasy – Healing Nervous System – 35 hours – Elective

Introduction to CranioSacral Therapy – 12 hours – Core

Lymph Drainage Therapy I – 24 hours - Core

Lymph Drainage Therapy II – 24 hours - Core

Lymph Drainage Therapy III – 24 hours - Core

Multidisciplinary Approaches to Myofascial & Developmental Issues -17 hours - Core

Somato Emotional Release I – 24 hours - Core

Somato Emotional Release II – 24 hours - Core

Vedic Conservatory (Michael Buck)

26 Salina Ave # 2
Delray Beach, FL 33483

561-330-3658
email: Vedamystic@aol.com

The Art of Classical Thai – Yoga Bodywork, Level 1 – 16 hrs – Core

The Art of Classical Thai – Yoga Bodywork Level 2 – 34 hrs – Core

The Art of Classical Thai – Yoga Bodywork Level 3 – 50 hrs – Core

Thai on a Table, 2 days – 16 hours – Core

Wellness Management Systems

The Massage Center
P.O. Box 7596, Wilmington, DE 19803
website: www.demassagece.com/convention.htm

Rob Eppes, Director
(302) 765-2387
e-mail: robeppes@comcast.net

Alexander Technique –12 hours – Elective

Body Mechanics for Better Bodywork – 7 hours – Core

Baby's First Massage (correspondence) – 6 hours – Core

Baby's First Massage (hands-on) – 8.5 hours – Core

Cranio-Sacral Therapy I – 12 hours – Core

Cranio-Sacral Therapy II – 12 hours – Core

Dealing with Grieving Clients – 3 hours– Elective
Do-In Seminar – 2.0 hours – Core
Ear Candling – 2 hours – Elective
Energy Basics – 4 hours – Elective
Improving Pectoral & Gluteal Work Skills – 4 hours – Core
Introduction to Isolated Active stretching – 6 hours – Core
Introduction to Shiatsu – 12 hours – Core
Issues & Application of Professional Ethics in Massage – 6 hours – Elective
Level I Shiatsu – 12.0 hours – Core
Maximizing Business Growth through Presentation Management – 2 hours – Elective
Occipital Release Technique – 2 hours – Core
Organizing & Marketing Massage Business I – 3 hours – Elective
Organizing & Marketing Massage Business II – 3 hours – Elective
Organizing & Marketing Massage Business III – 3 hours – Elective
Organizing & Marketing Massage Business IV – 3 hours – Elective
A Promise of Wellness – 5 hours– Elective
Range of Motion Basics – 4 hours – Core
Seamless Full-Body Sequence – 24 hours– Core
Shiatsu, Level I – 12 hours – Core
Tonus Restoration Technique – Legs – 12 hours– Core
Tonus Restoration Technique – Torso – 12 hours– Core
Tonus Restoration Technique – Upper Limb - Shoulder, Head & Neck –12 hours – Core

Young, Michael

P O BOX 358
Evergreen, CO 80437

303-674-7948
email: Michael@mrtherapy.com

Muscle Release Technique Workshop – 21 hours – Core
Muscle Release Technique home study course - 6 hours – Core

The Zero Balance Health Association

Kings Cotrivance Village Center
8640 Guilfford Road, Suite 240
Columbia, MD 21046

410-381-8956
email: zbaoffice@zerobalancing.com
web: www.zerobalancing.com

Core Zero Balance 1 – 25 hours – Core
Core Zero Balance II – 25 hours – Core